

Special Olympics
Eastern



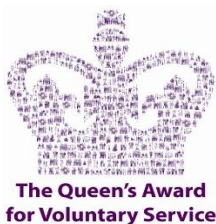
**5th
Special Olympics Eastern Regional
Athletics Competition**



Saturday, 8th June 2019

**Wodson Park Sports and Leisure Centre
Wadesmill Rd, Ware, Herts. SG12 0UQ**

RESULTS



Special Olympics
East Herts

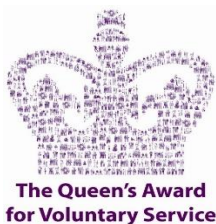


Special Olympics
Eastern



Welcome to all of the Teams:

- | | |
|--------------|-------------------------------------|
| 1 NVH | Nene Valley Harriers (Peterborough) |
| 2 SO Enfield | Special Olympics Enfield |
| 3 SOB | Special Olympics Bradford |
| 4 SOEH | Special Olympics East Herts |
| 5 SO ESSEX | Special Olympics Essex |
| 6 SON | Special Olympics Norfolk |
| 7 SONL | Special Olympics North London |
| 8 SOSA | Special Olympics St. Albans |
| 9 SOS | Special Olympics Suffolk |



Special Olympics
East Herts



Event	Athlete								
No.	Division	No.	First name	Surname	Club	Time	MER		
800m									
MALE COMPETITION									
T1	Div 1	35	Alex	McNally	SOSA	03:21.00	02:50.85	03:15.30	1st
		13	Luke	Rogers	SOEH	03:08.90	02:40.56	03:20.10	2nd
		70	T-Jay	Wilson	SOB	03:01.00	02:33.85	D.N.C.	
Div 2	51	Harry	Bowness	SOB	02:57.00	02:30.45	D.N.C.		
	68	Mohammad	Qureshi	SOB	02:55.40	02:29.09	02:59.80	2nd	
	53	James	Crossley	SOB	02:53.50	02:27.47	D.N.C.		
	34	Josh	Stanwell	NVH	02:40.00	02:16.00	02:52.00	1st	
100m									
FEMALE COMPETITION									
T2	Div 1	22	Vicky	Melikian	SONL	00:25.50	00:21.68	D.N.C.	
		36	Anna	Tencor	SOSA	00:23.67	00:20.12	00:23.10	1st
		28	Sarah	Biggs	SO Enfield	00:23.10	00:19.63	00:27.10	2nd
		59	Maddie	Kendal	SOB	00:22.50	00:19.12	D.N.C.	
T3	Div 1	26	Emily	Spiers	SONL	00:18.00	00:15.30	D.N.C.	
		56	Mollie	Gaddas	SOB	00:16.96	00:14.42	00:17.40	2nd
		39	Katie	Trotter	SOSA	00:16.20	00:13.77	00:17.50	3rd
		30	Hayley	Watson	NVH	00:16.00	00:13.60	00:17.00	DQ - FS
		33	Rebecca	Smith	NVH	00:16.00	00:13.60	00:16.60	1st
MALE COMPETITION									
T4	Div 1	10	Sam	Wilson	SOEH	00:22.50	00:19.12	00:23.90	3rd
		63	Alex	Maszyr	SOB	00:22.00	00:18.70	D.N.C.	
		46	Oraine	Tyrell	SONL	00:22.00	00:18.70	00:22.20	2nd
		16	Bradley	Flowers	SOEH	00:21.00	00:17.85	00:19.70	1st
T5	Div 1	17	Louis	Baker	SONL	00:20.00	00:17.00	00:16.30	MER
		47	Farrish	Arkwright	SOB	00:19.00	00:16.15	00:21.20	3rd
		54	James	Fisher	SOB	00:19.00	00:16.15	00:19.90	2nd
		69	Owen	Sangster	SOB	00:17.60	00:14.96	00:18.20	1st
T6	Div 1	67	Dillon	May	SOB	00:17.00	00:14.45	D.N.C.	
		49	George	May	SOB	00:17.00	00:14.45	D.N.C.	
		1	Justis	Wintz	SOEH	00:17.00	00:14.45	00:20.50	3rd
		32	Luke	Fitzjohn	NVH	00:17.00	00:14.45	00:15.20	1st
		50	Ivan	Street	SO Essex	00:17.00	00:14.45	00:22.70	4th
		60	Aidan	Knights	SOB	00:16.10	00:13.69	00:16.50	2nd
T7	Div 1	62	Dylan	Lightowler	SOB	00:15.94	00:13.55	00:16.60	6th
		6	Philip	Goodall	SOEH	00:15.80	00:13.43	00:16.80	5th
		20	Jamal	Gordon	SONL	00:15.00	00:12.75	00:16.30	4th
		41	Niall	Bradley	SOSA	00:15.00	00:12.75	00:15.80	2nd
		23	Reece	Mullings	SONL	00:14.75	00:12.54	00:15.80	2nd
		44	Stephen	Thurgood	SOSA	00:14.70	00:12.49	00:14.80	1st
T8	Div 1	52	Robbie	Cliffe	SOB	00:14.10	00:11.98	D.N.C.	
		12	Charlie	Forgione	SOEH	00:14.00	00:11.90	00:17.60	7th
		37	Daniel	Edgington	SOSA	00:13.20	00:11.22	00:14.30	6th
		29	Lewis	Barton	NVH	00:13.00	00:11.05	00:13.60	5th
		45	Ben	Read	SON	00:13.00	00:11.05	00:13.40	4th
		64	Adam	Szucs	SOSA			00:12.70	1st
		66	Nathan	O'Mara	SOB	00:12.79	00:10.87	00:12.70	1st
		65	Joseph	Mitchell	SOB	00:12.72	00:10.81	00:12.90	3rd

Event		Athlete			Club	Time	MER
No.	Division	No.	First name	Surname			
6 x 50m Relay							
MIXED GENDER COMPETITION							
T9		3	Zak	Guy	SOEH		
		4	Thomas	Ingham	SOEH		
		5	Johnathon	Ingham	SOEH	3rd	
		7	Ralphie	Byles	SOEH		
		8	Alfie	Sherwood	SOEH		
		9	Frazer	Bonner	SOEH		
		47	Farrish	Arkwright	SOB		
		67	Dillon	May	SOB		
		49	George	May	SOB	1st	
		54	James	Fisher	SOB		
		58	Dexter	Kendal	SOB		
		66	Nathan	O'Mara	SOB		
		17	Louis	Baker	SONL		
		18	Lois	Charles	SONL		
		19	Connor	Gilmore	SONL	2nd	
		20	Jamal	Gordon	SONL		
		27	Larkin	Wares	SONL		
		26	Emily	Spiers	SONL		
T10		36	Anna	Tencor	SOSA		
		38	Jake	Fawcett	SOSA		
		39	Katie	Trotter	SOSA	2nd	
		40	Michael	Thurgood	SOSA		
		41	Niall	Bradley	SOSA		
		44	Stephen	Thurgood	SOSA		
		10	Sam	Wilson	SOEH		
		11	Jack	Smith	SOEH		
		13	Luke	Rogers	SOEH	3rd	
		14	Andre	Hagley-King	SOEH		
		15	Susannah	Mew	SOEH		
		16	Bradley	Flowers	SOEH		
		55	Evie	Gaddas	SOB		
		56	Mollie	Gaddas	SOB		
		57	William	Heath	SOB	1st	
		59	Maddie	Kendal	SOB		
		61	Emma	Knights	SOB		
		63	Alex	Maszyr	SOB		

Event	Athlete									
No.	Division	No.	First name	Surname	Club	Time	MER			
200m										
FEMALE COMPETITION										
T11	Div 1	56	Gaddas	Mollie	SOB	00:36.40	00:30.94	00:36.5	1st	
MALE COMPETITION										
T11	Div 2	11	Jack	Smith	SOEH	00:40.00	00:34.00	00:43.7	2nd	
		40	Michael	Thurgood	SOSA	00:37.90	00:32.21	00:37.9	1st	
		38	Jake	Fawcett	SOSA	00:34.78	00:29.56	D.N.C.		
T12	Div 1	24	Bradley	Possami	SONL	00:32.50	00:27.62	00:36.5	3rd	
		21	James	Mathiason	SONL	00:32.00	00:27.20	00:32.9	2nd	
		25	Ashwath P	Sekaran	SONL	00:32.00	00:27.20	00:30.5	1st	
T13	Div 1	41	Niall	Bradley	SOSA	00:31.40	00:26.69	00:31.2	2nd	
		52	Robbie	Cliffe	SOB	00:31.00	00:26.35	D.N.C.		
		54	James	Fisher	SOB	00:30.50	00:25.92	00:41.6	3rd	
		2	Chris	Thornton	SOEH	00:30.00	00:25.50	00:29.4	1st	
T14	Div 1	64	Adam	Szucks	SOS	00:27.90	00:23.71	00:27.0	3rd	
		45	Ben	Read	SON	00:27.20	00:23.12	00:27.8	4th	
		65	Joseph	Mitchell	SOB	00:25.99	00:22.09	00:25.8	2nd	
		66	Nathan	O'Mara	SOB	00:25.00	00:21.25	00:25.5	1st	
400m										
MALE COMPETITION										
T15	Div 1	4	Thomas	Ingham	SOEH	01:45.00	01:29.25	02:42.3	1st	
	Div 2	34	Josh	Stanwell	NVH	01:20.00	01:08.00	01:08.6	2nd	
		13	Luke	Rogers	SOEH	01:19.00	01:07.15	01:39.5	3rd	
		31	James	Maison	NVH	01:15.00	01:03.75	01:08.5	1st	
50m										
FEMALE COMPETITION										
T16	Div 1	15	Susannah	Mew	SOEH	00:29.80	00:25.33	00:24.3	M.E.R.	
	Div 2	27	Larkin	Wares	SONL	00:15.50	00:13.18	00:14.4	1st	
		43	Penny	Kitching	SOSA	00:14.50	00:12.32	00:14.8	2nd	
	Div 3	18	Lois	Charles	SONL	00:12.00	00:10.20	00:12.3	2nd	
		42	Nicola	Haliburn	SOSA	00:10.75	00:09.14	00:10.7	1st	
MALE COMPETITION										
T17	Div 1	5	Johnathon	Ingham	SOEH	00:22.00	00:18.70	00:22.5	1st	
	Div 2	4	Thomas	Ingham	SOEH	00:12.60	00:10.71	00:19.0	4th	
		7	Ralphie	Byles	SOEH	00:12.00	00:10.20	00:14.2	3rd	
		8	Alfie	Sherwood	SOEH	00:12.00	00:10.20	00:10.3	1st	
		9	Frazer	Bonner	SOEH	00:10.00	00:08.50	00:12.1	2nd	
T18	Div 1	11	Jack	Smith	SOEH	00:10.00	00:08.50	00:10.62	2nd	
		19	Connor	Gilmore	SONL	00:10.00	00:08.50	00:10.65	3rd	
		3	Zak	Guy	SOEH	00:09.00	00:07.65	00:09.1	1st	

Event		Athlete			Club	Time	MER
No.	Division	No.	First name	Surname			
4 x 100m Relay							
MALE COMPETITION							
T19		1	Justis	Wintz	SOEH		
		2	Chris	Thornton	SOEH	01:10.7	3rd
		6	Philip	Goodall	SOEH		
		12	Charlie	Forgione	SOEH		
		21	James	Mathiason	SONL		
		23	Reece	Mullings	SONL	01:06.4	2nd
		24	Bradley	Possami	SONL		
		25	Ashwath P	Sekaran	SONL		
		29	Lewis	Barton	NVH		
		31	James	Maison	NVH	00:59.6	1st
		32	Luke	Fitzjohn	NVH		
		34	Josh	Stanwell	NVH		
	48	Khyia-Rhys	Arkwright	SOB			
	51	Harry	Bowness	SOB	01:14.3	4th	
	53	James	Crossley	SOB			
	68	Mohammad	Qureshi	SOB			
T20		60	Aidan	Knights	SOB		
		62	Dylan	Lightowler	SOB	01:16.5	3rd
		69	Owen	Sangster	SOB		
		70	T-Jay	Wilson	SOB		
		37	Daniel	Edgington	SOSA		
		38	Jake	Fawcett	SOSA	01:04.2	1st
		35	Alex	McNally	SOSA		
		44	Stephen	Thurgood	SOSA		
		52	Robbie	Cliffe	SOB		
		47	Farrish	Arkwright	SOB	01:07.4	2nd
		65	Joseph	Mitchell	SOB		
		66	Nathan	O'Mara	SOB		

Event		Athlete			Club	Distance	MER			
No.	Division	No.	First name	Surname						
LONG JUMP										
FEMALE COMPETITION										
F1	Div 1	18	Lois	Charles	SONL	1.40	1.61	1.31	1st	
		26	Emily	Spiers	SONL	1.70	1.96	D.N.C.		
	Div 2	22	Vicky	Melikian	SONL	2.00	2.30	D.N.C.		
		39	Katie	Trotter	SOSA	2.14	2.46	2.16	1st	
		59	Maddie	Kendal	SOB	2.24	2.58	D.N.C.		
	MALE COMPETITION									
F2	Div 1	58	Dexter	Kendal	SOB	1.70	1.96	D.N.C.		
		16	Bradley	Flowers	SOEH	2.21	2.54	2.47	1st	
		44	Stephen	Thurgood	SOSA	2.42	2.78	2.24	2nd	
	Div 2	17	Louis	Baker	SONL	2.50	2.88	2.55	1st	
		47	Farrish	Arkwright	SOB	2.60	2.99	2.28	2nd	
	Div 3	21	James	Mathiason	SONL	2.85	3.28	2.51	2nd	
		20	Jamal	Gordon	SONL	3.05	3.51	2.79	1st	
		12	Charlie	Forgione	SOEH	3.10	3.57	2.08	3rd	
	F3	Div 1	23	Reece	Mullings	SONL	3.18	3.66	3.24	1st
			51	Harry	Bowness	SOB	3.21	3.69	D.N.C.	
			37	Daniel	Edgington	SOSA	3.29	3.78	3.22	2nd
			38	Jake	Fawcett	SOSA	3.29	3.78	D.N.C.	
68			Mohammad	Qureshi	SOB	3.40	3.91	2.74	3rd	
F4	Div 1	67	Dillon	May	SOB	3.80	4.37	D.N.C.		
		49	George	May	SOB	3.80	4.37	D.N.C.		
		70	T-Jay	Wilson	SOB	3.81	4.38	D.N.C.		
		24	Bradley	Possami	SONL	3.90	4.49	3.65	1st	
F5	Div 1	2	Chris	Thornton	SOEH	4.00	4.60	4.38	1st	
		32	Luke	Fitzjohn	NVH	4.00	4.60	3.17	5th	
		25	Ashwath P	Sekaran	SONL	4.20	4.83	4.13	3rd	
		48	Khyia-Rhys	Arkwright	SOB	4.45	5.12	3.89	4th	
		29	Lewis	Barton	NVH	5.20	5.98	4.23	2nd	

Event		Athlete			Club	Distance	MER		
No.	Division	No.	First name	Surname					
SHOT PUT									
FEMALE COMPETITION									
F6	Div 1	55	Evie	Gaddas	SOB	5.95	6.84	6.29	1st
		61	Emma	Knights	SOB	6.66	7.66	5.55	2nd
MALE COMPETITION									
	Div 2	57	William	Heath	SOB	4.14	4.76	5.42	M.E.R.
		50	Ivan	Street	SO Essex	4.70	5.41	4.80	1st
		60	Aidan	Knights	SOB	4.55	5.23	5.61	M.E.R.
		14	Andre	Hagley-King	SOEH	4.70	5.41	2.98	2nd
F7	Div 1	40	Michael	Thurgood	SOSA	5.25	6.04	6.33	M.E.R.
		62	Dylan	Lightowler	SOB	5.70	6.56	5.93	1st
	Div 2	35	Alex	Mcnally	SOSA	6.30	7.25	5.66	2nd
		53	James	Crossley	SOB	6.40	7.36	5.64	3rd
		31	James	Maison	NVH	6.50	7.48	6.84	1st
SOFTBALL THROW									
FEMALE COMPETITION									
F8		28	Sarah	Biggs	SO Enfield	7.10	8.17	5.93	1st
		43	Penny	Kitching	SOSA	8.30	9.55	5.52	2nd
		30	Hayley	Watson	NVH	20.00	23.00	12.41	2nd
		33	Rebecca	Smith	NVH	20.00	23.00	16.27	1st
MALE COMPETITION									
F9	Div 1	5	Johnathon	Ingham	SOEH	4.51	5.19	4.37	1st
		7	Ralphie	Byles	SOEH	6.50	7.48	4.16	2nd
	Div 2	63	Alex	Maszyr	SOB	9.14	10.51	D.N.C.	
		9	Frazer	Bonner	SOEH	10.00	11.50	4.95	1st
		58	Dexter	Kendall	SOB	12.49	14.36	D.N.C.	
	Div 3	1	Justis	Wintz	SOEH	20.00	23.00	21.36	2nd
		3	Zak	Guy	SOEH	24.76	28.47	22.22	1st
		8	Alfie	Sherwood	SOEH	25.00	28.75	20.56	3rd

Event		Athlete							
No.	Division	No.	First name	Surname	Club	Distance	MER		
STANDING LONG JUMP									
FEMALE COMPETITION									
F10	Div 1	15	Susannah	Mew	SOEH	0.34	0.39	0.31	2nd
		42	Nicola	Haliburn	SOSA	0.84	0.97	1.02	1st
	Div 2	27	Larkin	Wares	SONL	1.10	1.27	1.01	4th
		61	Emma	Knights	SOB	1.14	1.31	1.26	3rd
		36	Anna	Tencor	SOSA	1.52	1.75	1.47	2nd
		55	Evie	Gaddas	SOB	2.06	2.37	1.51	1st
MALE COMPETITION									
F11	Div 1	14	Andre	Hagley-King	SOEH	0.98	1.13	1.04	2nd
		46	Oraine	Tyrell	SONL	1.10	1.27	1.22	1st
	Div 2	19	Connor	Gilmore	SONL	1.30	1.50	1.42	4th
		57	William	Heath	SOB	1.37	1.58	1.22	5th
		6	Philip	Goodall	SOEH	1.46	1.68	1.53	3rd
		10	Sam	Wilson	SOEH	1.47	1.69	1.62	2nd
		69	Owen	Sangster	SOB	1.87	2.15	1.76	1st