

SOGB Eastern Regional Athletics Competition
12th May 2018
Wodson Park Leisure Centre, Ware, Herts.

TRACK EVENTS

Time	Division	Club	Entry	MER	Time/Distance	Place
200m						
10:15	T1	101 Zoe Jones	F SOSA	38.80	32.98	DNC
	T2	92 Jamie Graham	M SOSA	50.00	42.50	34.20
		96 Michael Thurgood	M SOSA	38.00	32.30	37.90
						1st
10:20	T3	62 Luke Rogers	M SOEH	35.00	29.75	37.60
		90 Jake Fawcett	M SOSA	34.90	29.67	33.20
		79 James Mathiason	M SONL	34.00	28.90	30.40
		97 Niall Bradley	M SOSA	32.60	27.71	30.80
		100 Stephen Thurgood	M SOSA	32.60	27.71	34.70
		93 Jon Riggans	M SOSA	31.30	26.61	32.00
						6
						4
						1
						2
						5
						3
10:25	T4	82 Ashwath Pushparaja Sekaran	M SONL	29.00	24.65	28.30
		85 Adam Vicary	M SONL	28.00	23.80	DNC
		95 Matt Dodds	M SOSA	27.50	23.38	26.30
						2
						DNC
						1
100m						
10:40	T5	98 Penny Kitching	F SOSA	33.00	28.05	30.20
		86 Anna Tencor	F SOSA	22.60	19.21	20.60
		88 Charlotte Laitner	F SOSA	21.20	18.02	21.60
						3
						1
						2
10:45	T6	83 Emily Spiers	F SONL	19.00	16.15	18.10
		99 Rosie Porter	F SOSA	19.00	16.15	17.60
		94 Katie Trotter	F SOSA	17.90	15.22	16.20
						3
						2
						1
10:50	T7	77 Connor Gilmore	M SONL	24.50	20.83	23.90
		60 Jamie Henderson	M SOEH	21.80	18.53	20.90
		84 Oraine Tyfrell	M SONL	21.50	18.28	DNC
		75 Louis Baker	M SONL	21.00	17.85	17.90
						3
						2
						DNC
						1
10:55	T8	65 Jack Smith	M SOEH	20.00	17.00	24.60
		91 James Hall	M SOSA	18.55	15.77	17.10
		76 Thomas Dutton	M SONL	18.50	15.73	17.80
		69 Sam Wilson	M SOEH	18.00	15.30	22.50
		80 Osman Mahmout	M SONL	18.00	15.30	DNC
						4
						1
						2
						3
						DNC
11:00	T9	68 Phillip Goodall	M SOEH	16.40	13.94	15.80
		78 Jamal Gordon	M SONL	16.00	13.60	15.40
		81 Reece Mullings	M SONL	15.50	13.18	15.10
		89 Daniel Edgington	M SOSA	14.80	12.58	13.10
						4
						3
						2
						1
50m						
11:15	T10	61 Susannah Mew	F SOEH	17.00	14.45	29.80
		87 Becky Somerset	F SOSA	17.00	14.45	13.90
		73 Jade Finch	F SOEH	16.00	13.60	13.70
						3
						2
						1
11:15	T11	64 Johnathon Ingham	M SOEH	16.00	13.60	22.00
						1
11:20	T12	63 Thomas Ingham	M SOEH	12.00	10.20	12.60
		70 Bradley Flowers	M SOEH	10.00	8.50	10.80
		74 Ivan Street	M	10.00	8.50	11.60
						3
						1
						2
800m						
11:35	T13	92 Jamie Graham	M SOSA	03:30.0	02:58.5	3.22.20
		62 Luke Rogers	M SOEH	03:02.0	02:34.7	3.08.90
						2
						1

FIELD EVENTS

Standing Long Jump					FIELD	MER			
10:15	F1	61	Susannah Mew	F SOEH	0.80	0.92	0.34	2	
		87	Becky Somerset	F SOSA	0.80	0.92	1.08	MER	
		67	Lucy Goodman	F SOEH	1.00	1.15	0.62	1	
10:15	F2	86	Anna Tencor	F SOSA	1.45	1.67	1.48	1	
10:35	F3	66	Andre Hagley-King	M SOEH	1.10	1.27	0.98	2	
		69	Sam Wilson	M SOEH	1.20	1.38	1.47	MER	
		77	Connor Gilmore	M SONL	1.20	1.38	1.15	1	
		84	Oraine Tyfrell	M SONL	1.25	1.44	DNC	DNC	
10:35	F4	68	Phillip Goodall	M SOEH	1.40	1.61	1.46	1	
		76	Thomas Dutton	M SONL	1.45	1.67	1.36	3	
		91	James Hall	M SOSA	1.57	1.81	1.39	2	
Shot									
10:55	F5	101	Zoe Jones	F SOSA	3.80	4.37		DNC	
10:55	F6	66	Andre Hagley-King	M SOEH	4.70	5.41	3.25	3	
		74	Ivan Street	M SOEssex	5.36	6.16	5.20	1	
		96	Michael Thurgood	M SOSA	6.48	7.45	4.85	2	
Softball									
10:55	F7	98	Penny Kitching	F SOSA	6.00	6.90	6.47	1	
10:55	F8	88	Charlotte Laitner	F SOSA	10.56	12.14	8.98	2	
		67	Lucy Goodman	F SOEH	11.00	12.65	11.53	1	
		73	Jade Finch	F SOEH	11.00	12.65	7.90	3	
10:55	F9	72	Tara Phillips	F SOEH	25.81	29.68	21.43	1	
11:15	F10	64	Johnathon Ingham	M SOEH	5.00	5.75	4.51	2	
		65	Jack Smith	M SOEH	8.00	9.20	5.94	1	
11:15	F11	97	Niall Bradley	M SOSA	13.22	15.20	14.55	1	
		60	Jamie Henderson	M SOEH	13.78	15.85	8.42	2	
11:15	F12	71	Joel Weeks	M SOEH	25.00	28.75	33.18	MER	
Long Jump									
11:15	F13	72	Tara Phillips	F SOEH	1.73	1.99	1.64	2	
		83	Emily Spiers	F SONL	1.75	2.01	1.72	1	
11:15	F14	99	Rosie Porter	F SOSA	2.24	2.58	2.29	1	
		94	Katie Trotter	F SOSA	2.44	2.81	2.14	2	
11:35	F15	63	Thomas Ingham	M SOEH	1.30	1.50	1.76	MER (SLJ)	
11:35	F16	70	Bradley Flowers	M SOEH	2.20	2.53	2.21	1	
		80	Osman Mahmout	M SONL	2.20	2.53	DNC		
		75	Louis Baker	M SONL	2.30	2.65	2.83	MER	
11:55	F17	79	James Mathiason	M SONL	2.70	3.11	2.80	2	
		71	Joel Weeks	M SOEH	2.80	3.22	DNC	DNC	
		81	Reece Mullings	M SONL	3.10	3.57	3.07	1	
11:55	F18	78	Jamal Gordon	M SONL	3.25	3.74	3.32	1	
		89	Daniel Edgington	M SOSA	3.36	3.86	2.66	2	
12:15	F19	93	Jon Riggins	M SOSA	3.66	4.21	3.56	2	
		100	Stephen Thurgood	M SOSA	3.80	4.37	3.07	4	
		82	Ashwath Pushparaja Sekaran	M SONL	3.85	4.43	4.06	1	
		85	Adam Vicary	M SONL	3.85	4.43	DNC	DNC	
		90	Jake Fawcett	M SOSA	3.90	4.49	3.29	3	
12:15	F20	95	Matt Dodds	M SOSA	4.20	4.83	4.55	1	

Relays										Time	Result
12:30	T14	6x50m	Jamie Henderson	Thomas Ingham	Jack Smith	Joel Weeks	Tara Phillips	Jade Finch	56.90	2	
		SOEH	Anna Tencor	Becky Somersset	Jake Fawcett	James Hall	Jamie Graham	Michael Thurgood	45.80	1	
12:40	T15	4x100m	Luke Rogers	Phillip Goodall	Sam Wilson	Bradley Flowers			1.29.4	3	
		SOEH	Jon Riggans	Matt Dodds	Rosie Porter	Stephen Thurgood			1.01.8	1	
		SOSA	James Mathiason	Reece Mullings	Ashwath Pushparaja Sekaran	Adam Vicary			1.04.0	2	
		SONL	Louis Baker	Connor Gilmore	Jamal Gordon	Osman Mahmout			1.37.3	4	
12:40	T16	SOSA	Charlotte Laitner	Katie Trotter	Rosie Porter	Zoe Jones			1.18.0	1	