

Monday Athletics and Netball Sessions

Wodson Park (Ware)

18:00-19:00

Following a recent review and evaluation of the above sessions it was highlighted that we need to be clearer with our users about session rules. With that in mind please find below the Session Rules that we request you follow to ensure that we can keep these sessions running and ensure the health, wellbeing and safety of all.

Session Rules

1. It is the responsibility of the parent, carer, guardian or responsible adult to make sure the person with the disability is safe at all times and does not inversely impact on the safety of any other athletes.
2. All athletes must have a carer with them at all times to support them on a one to one basis. This means that carers should be with their athlete supporting them during the session and not sitting down on the side. **Any exceptions to this rule must be agreed with one of the coaches (Alex: Athletics or Natasha: Netball). Failure to comply with this rule may result in you and your athlete being asked to leave the session.**
3. Coaches need to be made aware if anyone has epilepsy or known behavioural issues that can make them vulnerable. The coaches of the sessions can then make adjustments to best support these young people.
4. Volunteers are not carers and should not be used as such. They are there to support the running of the sessions, not to do one to one support for athletes.
5. Athletes and carers need to be appropriately dressed for the session. This means that they should be wearing sportswear, trainers and no jewellery or watches. **Failure to comply with this rule may result in you and your athlete being asked to leave the session.**