

Special Olympics East Herts Athletes Perform well at the East Region Disability Athletics Championship 2016



Jamie, Lucy, Mitchell and George



Andre, George and Chris



Jade, Lucy and Chris



Mitchell

Athletes from Special Olympics East Herts travelled to Chelmsford to compete in the East Region Disability Athletics Championship 2016 on Saturday 7th May 2016.

Alex Cloona, Head Coach of SO East Herts Athletics Club said ***“Today has been a fantastic day, weather wise and competition wise! All of the athletes have enjoyed competing and we are going home with a total of 10 gold, 6 silver and 2 bronze medals. It is really important for our athletes to have the opportunity to compete, they train regularly on a Monday evening (6-7pm) at Wodson Park in Ware and we are now***

hoping to enter more competitions and run our own one in September at Wodson Park.”

George Cooper won two gold medals in the 60m (24.55) and the ball throw (5.25). **Chris Thornton** received gold for his ball throw (34.67); and three silver medals for the 100m (14.1); 200m (30.04) and long jump (3.97). **Andre Hagley-King** won a gold for his shot (2.29) and a silver for his ball throw (8.96). **Lucy Goodman** won a gold medal for her ball throw (9.24) and a silver for the 60m (16.39). **Mitchell Wright** won a gold for the 60m (11.56) and a bronze for his ball throw (15.19). **Sam Wilson** won a gold medal for his standing long jump (0.37) and a 4th place for the 60m (11.56). **Sam Cawdell** won a gold medal for

his 60m (10.87) and a 6th place in the long jump (2.03). **Jade Finch** won a silver medal in the ball throw (6.21) and a 4th place in the 60m (17.08). **Jamie Henderson** a bronze medal in the 60m (13.67) and a 5th place for his ball throw (12.38).



Sam Wilson



Sam Cawdell



Lucy and Jade



Alex Cloona coaching Andre shot



A set of the full results can be found on our website and more information about our many SO East Herts Clubs, the website is www.speciaolympicseastherts.org .